

CROWS NEST with

SATURDAY

10am	Yoga
11am	Mantra & Dance Meditation
3pm	Kid's Comedy
5pm	Ringo : Music Bingo
5.30pm	JuiceBox Comedy
8pm	Champions League
10pm	Dj Trè
1am	SophisDKate

12pm Irish Marine Institute Anna Clare McCarthy
12.30pm Sustainability in Events Nikita Coulter
1pm Bear in Mind Pauly Doyle
1.30pm Sustainability for professional life Lisa Zimmerman
2pm Seal Rescue Daniel James
2.30pm Indaver Speakers
4pm Zero Waste Festival Ide Mhic Gabhann
4.30pm Not Here, Not Anywhere

4.30pm Not Here, Not Anywh Aideen O'Dochartaigh

SUNDAY

- 10am Kundalini Yoga
- 11am Guitar Making Workshop
- 12pm Get your guitar playing great
- 2pm Kid's Comedy
- 6pm JuiceBox Comedy
- 8pm Granny (DJs)
- 12am Dj Swiss & Friends

ENERGION BOUG

1pm Every Can Counts Roisin O'Brien
1.30pm EcoBricks Emily Cokl, Seal Rescue
3pm Repak ELT AnneMarie Shortt
3.30pm Sustainable food production Young Friends of the Earth
4pm Extinction Rebellion Eoin Campbell
5pm Mushroom Cultivation Workshop Eoin Campbell